| MBMS - WEEK A <br> Rolling Block Schedule <br> (Example: March 16-20) |  |  |  |  | MBMS - WEEK B <br> Rolling Block Schedule <br> (Example: March 23-27) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Monday | Tuesday | Wednesday | Thursday | Friday |
| Period <br> $\mathbf{7 : 0 0 - 8 : 0 0}$ |  | Zero |  | Zero |  | Zero |  | Zero |  |  |
| Period <br> $\mathbf{8 : 0 0 - 9 : 3 0 ~}$ | First | Second | First | Second | First | Second | First | Second | First | Second |
| Nutrition <br> 9:30-9:45 |  |  |  |  |  |  |  |  |  |  |
| Period <br> 9:45-11:15 | Third | Fourth | Third | Fourth | Third | Fourth | Third | Fourth | Third | Fourth |
| Lunch <br> 11:15-12:00 |  |  |  |  |  |  |  |  |  |  |
| Period <br> $\mathbf{1 2 : 0 0 - 1 : 3 0 ~}$ | Fifth | Sixth | Fifth | Sixth | Fifth | Sixth | Fifth | Sixth | Fifth | Sixth |
| Period <br> $\mathbf{1 : 3 0 - 3 : 0 0 ~}$ | Seventh |  | Seventh |  | Seventh |  | Seventh |  | Seventh |  |

